



*Kawatch*

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## Session-2

### Building confidence, sense of equality and mutual respect between boys and girls

#### **Objective:**

**Core message:** Make children understand the meaning of respect. We should respect places, things and people

**Core Message:** Being a girl or a boy is not a choice. We are born that way.

**Core Message:** Boys and girls are equally capable.

**Material Required:** chalk/marker, blackboard, pencil colours, drawing sheet

#### **Introduction:**

Sexual exploitation derives from unequal power relationships

Sense of mutual respect especially with other gender so that they learn to understand that each one is unique and has different abilities and we should be tolerable to other's shortcoming.

### **Make children understand the meaning of respect**

#### **Activity-1**

Tell students to draw their house/city.

Ask them how they like to keep their house/city Tidy and clean or untidy and dirty



What they learn: How one can respect their house and city?

By keeping it clean. By throwing trash at proper places

#### **Activity 2**

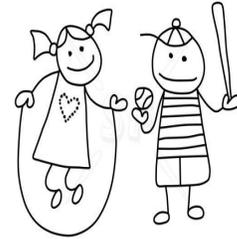
Tell students to show things they have with them

Ask them would they like to share with their friends?

Ask is it ok with them if someone uses their pencil or rubber without their permission?

Can you use other's things without asking them?

No, you should ask before taking their things. This is the way to show respect towards things.



### Activity 3

Ask children how they behave when their mother or father or teacher talk to them?



How can you respect Elders?

By listening to them carefully

### Conclusion: Student will understand the meaning of respect.

Children might give incorrect or inappropriate remark, these should be discussed so that children realize why they are inappropriate .Here story given below can be used to encourage them to respect everyone

Even if children have not given right answers to the questions asked, you need to take all responses. A nod for answers given by each child can add validity to the contribution of the students.

·If children are able to identify that they did not do anything to be born as a particular sex; and that their bodies are made by nature, they will have better self-confidence as well as respect other sexes.

## **Boys and girls are equally capable**

**Activity 1:** (official websites <http://www.vogue.in> and <http://bit.ly/1Vd3gGC>)

Ask children about their friends. What they like in their friends. Find out whether they have mix gender friends or not.

-Check if there are any responses where they feel or they have been told not to be friends with other gender

Discuss: what they feel about their gender and about other gender

### **Activity 2**

Ask them what a boy can do and what a girl can do?

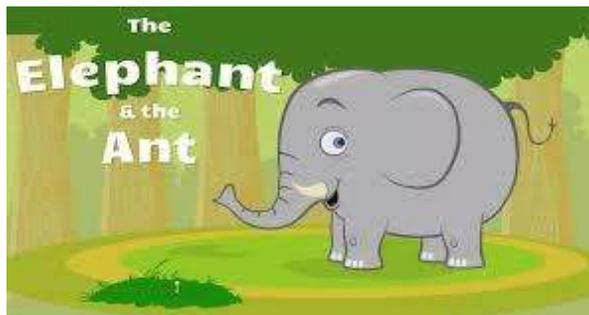
Make the list separately on black board of their replies, teacher can write these in a circle- One circle for boy can do and one circle for girls can do. Then find out common tasks which can be written in between.

Discussion: Now one by one pick a task which is in not doing category for girls and ask the girls weather they can do it or not .Use examples of girls who are doing these tasks. Similarly repeat it for boys.

Questions and tasks can vary area to area .children in villages and cities have different exposure

**Conclusion: This will build a strong sense of equality among children**

**Story:**



There lived an elephant in a forest. It was big and powerful. The elephant was so strong that it could fell the trees. It could also kill lions, tigers and other wild animals. In course of time, due to its big size and great strength, its pride grew bigger and bigger.

One day, the elephant met an ant. Looking at the ant, the elephant laughed, “What a puny creature you are! You look so weak and tiny! I pity you. Look at me. I am the mightiest animal in the forest. I can do anything in this world.”

The ant listened to the elephant and smiled, without saying a word.

Very soon, dark clouds gathered in the sky. It began to drizzle. The elephant and the ant moved into a nearby cave to take shelter there.

The elephant, looking at the tiny ant, laughed again and said, “Look at my size. I can crush you under my foot. You won’t even know how to save yourself.”

Feeling proud of its size and strength, the elephant started dancing in the cave. Due to the thumping of its heavy feet, a big stone lying atop the cave fell in front of the cave, covering its mouth fully.

The elephant walked proudly towards the stone and tried to move it but could not. It tried with all its might, but all in vain. The elephant could not come out of the cave.

However, the ant, due to its tiny size, easily came out of the cave through a small opening. Now it was the ant’s turn to speak?” Look, you elephant! What I could do, you can’t! On account of your mighty size, you will have to remain in this cave for the rest of your life. What you considered to be your strength has proved to be your greatest problem.

The morale very one has unique qualities. Never make fun of others. Accept them as they are. Respect everyone.

### **Being a girl or a boy is not a choice. We are born that way**

#### **Activity**

Hint for teacher

-It is possible that some children will say they don’t like to do anything with their body. Give the child diverse options to make him/her aware that she/he might be liking something which he/she is not aware of as she has/he has not thought about it before. However once you have explored diverse options leave it at that rather than coaxing the child to say something. Often, children with history of abuse might be in a numb state and not be in a state to feel or like anything.

-Children might share that they feel left out as they are girl/boy.

-Validate their feelings. Say that “Sometimes people can’t see or appreciate the qualities and abilities of another person, whatever is the person’s gender. They may discriminate against people of a particular gender. This shows the nature and short-sightedness of those people – and not of the person they are discriminating against. Each one of us is equally human. Each one of us has equal rights – to be born and to live on this Earth with safety and dignity.

You may also meet the children after the session

Ask Children: How do you feel about you being a girl or a boy?

Check and see if there are any responses where they feel / they have been told that their gender could have been different.

Discussion: Explain that our gender is determined by our genes when we are born: XX genes for girl & XY genes for boy. No one can decide and select whether the baby should be a girl or a boy.



Ask Children: which fruit is in the picture? (Real fruit can also be used)  
Again ask can it be changed in apple?

**Discussion:**

No one can change a mango into an apple and yellow colour into red. Both the fruits / colours are beautiful and perfect in their own way, it is not possible to compare the two and say one is better than the other. Same way boy and girl both have their own qualities and value in society. There is no need to change what nature has created.

But sometimes we can feel upset or sad about being a particular gender because of the way others treat us or comment on us.

Then what can one do?

If a person is colour blind and can't see red, it does not reduce the redness of the red colour. The person who can't see red, it's his fault not the fault of red colour. If a person can't recognize a diamond from a stone, it does not reduce the value of the diamond.

When people taunt me for being a girl or a boy, I can use my thinking and see what can I be happy /proud of? What can I do by using my body? What am I creating / making? How am I expressing myself? Am I learning new skills and developing my talents? By doing all of these I am expressing my qualities and developing my intelligences. This I can be proud of. I can feel sad for the person who can't see all this in me. It is his/ her loss. He/she does not understand genetics and how bodies are made by nature.

**Expected outcome:**

Children will feel more confident and clear on the concept that boys and girls are equal and compatible. They should respect each other

